



IEDTA 2022

love is in the air

**13TH/15TH
October
2022**

**Hotel NH
Laguna Palace
Mestre (VE) - Italy**

iedta
INTERNATIONAL EXPERIENTIAL DYNAMIC THERAPY ASSOCIATION

Keynote Speaker: Diana Fosha
**Keynote title: Undoing Aloneness and The Transformation
of Suffering into Flourishing**

Single Presenters

| Presenter | Presentation Title |
|--------------------------------|---|
| <i>Abbass</i> | Central role of continuous positive regard for the patient in psychotherapy |
| <i>Chelew</i> | From Self Punishment to Self-Regard |
| <i>Entis</i> | Defiance as a major barrier to emotional closeness with the therapist and authentic engagement in the treatment process |
| <i>Fosha</i> | Shedding the Badge of Shame & Feeling Free and 'Loved On': Metatherapeutic Processing & the Emergent Phenomenology of Transformational Experience in AEDP |
| <i>Osimó</i> | From Self-Killing to Self and Other Love |
| <i>Rathausser</i> | The Obsessive patient |
| <i>Shapiro</i> | Helping Challenging, Marginalized and Underserved Patients: A Video Demonstration Case |
| <i>Ten Have de Labjie</i> | Some aspects of Korean culture, a man, two brothers, two dogs, his wife, grief and love. |
| <i>Town & Frederickson</i> | Mobilising the unconscious in borderline personality disorder using ISTDP |
| <i>Warshow</i> | It's never too late for love |
| <i>Neborsky</i> | Unseating the Pathological Superego in AB-ISTDP |
| <i>Sheldon</i> | Finding the Power of Love in the Brainstem |

Panel: Attachment and EDT
Chair: Jon Frederickson

| Presenter | Presentation Title |
|-------------------------------|---|
| <i>Buller & Hajkowski</i> | Love, Libido, and Desire: Intrapsychic conflict and therapeutic consequences |
| <i>Monas</i> | Handling manic defenses in an ISTDP session |
| <i>Nowoweiski</i> | The psychological mechanisms and structures that develop in clients who have early and severe attachment trauma |

Phillips & Lamb Graded format of ISTDP to build a secure, therapeutic attachment environment with psychosis

Russell Attachment, Emotion, and a brain of two halves: ISTDP as a treatment for Functional Neurological Disorder

Panel: Technology and EDT
Chair: Jeffrey Magnavita

Presenter
Baruh **Presentation Title**
Developing an anxiety support platform using ISTDP: Blake, the AI based virtual companion

Magnavita Da definire

Hallberg & Maroti Transference and emotional processing in internet-based psychodynamic psychotherapy

Johansson Building the Emotion Machine

Panel: Deliberate Practice and EDT
Chair: Vidar Husby

Presenter
Husby, Kokko, Rosen, Rossi, Sacks **Presentation Title**
Research for clinical expertise: DP in psychotherapy, 5 presentations

Isaia Interlocking Triangles How therapist and client conflicts can collude, precipitating an impasse in therapy and how to get unstuck with the help of deliberate practice: the path for LOVE

Kunz, Martin, Alfson, Couchman Friendship Is Magic: Learnings from Two Years of Peer Supervision and Leaderless Process Group

Panel: Inpatient, group treatment in EDT
Chair: Deborah Pollack

Presenter
Hueting & Saschowa **Presentation Title**
Affect Phobia Therapy in groups, "In interaction towards affect and connection"

Lamb ISTDP in the treatment of primary mental health conditions as well as substance use disorder

Pollack & Broudy The Holding Space: A group therapy protocol for mothers with postpartum anxiety and depression, based on principles of Experiential Dynamic Therapy (EDT)

Yarns Emotional Awareness and Expression Therapy (EAET): An ISTDP-Informed Group Treatment for Older U.S. Military Veterans with Chronic Pain

Gochin & McKinney ISTDP with eating disorder populations in structured partial hospitalization (PHP) and intensive outpatient programs (IOP)

Panel: Child, couple and family therapy in EDT
Chair: Leone Baruh

Presenter
Basso **Presentation Title**
ISTDP in childhood and preadolescence: protocol, guidelines and early results

Bellin How dynamic couples can recall past trauma, and how the therapist and the couple can work together as a team

Bergami & Montinari Intensive Short-Term Dynamic Psychotherapy for Families and Couples: the TIF (Intergenerational Family Therapy) model and its developments

Lewis Treatment of Adolescents with Intensive Short-Term Dynamic Psychotherapy

Nesbit Countertransference, Love is in the Air but Anger is still There

Panel: Resistance Against Emotional Closeness in EDT
Chair: Patricia Coughlin

Presenter
Chong **Presentation Title**
Comparison on defenses between depressive and masochistic personality structures and suggestions to help break those defenses

Emmenegger RAEC: a 50 years old, suffering from depression, engaging in destructive relationships

Coughlin Da definire

Roggenkamp Rage and Pain: Using ISTDP to Treat Combat Veterans with Moral Injury, PTSD and Grief

Panel: Psychedelics and spiritual elements in EDT

Chair: Allen Kalpin

| Presenter | Presentation Title |
|------------------------|---|
| <i>Brod</i> | A woman who has overcome an eating disorder and severe obsessional personality disorder |
| <i>Cooper</i> | Psychedelic and ISTDP metapsychologies |
| <i>Goksøyr</i> | Psychedelic psychotherapy research and EDT |
| <i>Jarvinen</i> | Attachment to God in ISTDP: Working with Spiritual Material |
| <i>Johansson</i> | The Fourth Corner in the Triangle of Conflict |
| <i>Sachter</i> | Spirituality, meditation and psychotherapy |
| <i>Sharma-Bakkevig</i> | Psychedelic psychotherapy and EDT |
| <i>Van Dam</i> | Spirituality, meditation and psychotherapy |

Panel: Diversity and EDT

Chair: David Chong

| Presenter | Presentation Title |
|------------------|--|
| <i>Albucher</i> | 25 yo gay man from Nigeria |
| <i>Chong</i> | "Is that PIZZA in your ear?" Where psychotherapy gets "Lost in translation" |
| <i>Rosen</i> | Morning self-compassionate moments (morning yoga) |
| <i>Sandgren</i> | The therapeutic alliance, ruptures, and prejudice |
| <i>Shapiro</i> | Helping Challenging, Marginalized and Underserved Patients: A Video Demonstration Case Analysis of Trauma at a Psychotic (or Borderline) Level |

Panel: Research Symposium
Chair: Katie Aafjes-van Doorn

Presenters
Da definire

Poster session

| Presenter | Presentation Title |
|---|--|
| <i>Husby, Kokko, Rosen, Rossi, Sacks</i> | Presenting the "International Deliberate Practice Society, IDPS |
| <i>Albucher, Lamb, Shackelford, Yarns</i> | Improving Access to Introductory ISTDP Training for Psychiatry Residents |
| <i>Bandiera & Basso</i> | ISTDP in children and adolescents: the Mastermind Center approach |
| <i>Brehm, Gottwik, Vortisch</i> | How do patients subjectively experience the therapeutic process in IS-TDP therapy? |
| <i>Naidoo</i> | Poster about psychedelics, spiritual elements and EDT |
| <i>Guiffrida, Farah</i> | Emotional Awareness and Expression Therapy |

SCIENTIFIC COMMITTEE:

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